



For Immediate Release: February 26, 2007
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The American Women in Radio & Television's New England chapter present 'Take Control of Your Personal Safety' with **Bonnie S. Michelman, Director of Police at Massachusetts General Hospital on April 18, 2007 from 6pm-9pm.**

Do you walk to your car alone in the dark after work? Do you feel vulnerable when you are in a parking garage at the mall? Join Chapter President, **Magic 106.7's Candy O'Terry** and **Bonnie S. Michelman, Director of Police at Massachusetts General Hospital** for a very informative hands-on session that could save your life.

During this two hour session at Massachusetts General Hospital, you will learn techniques for preventing and diffusing violent and aggressive behavior and learn strategies to avoid physical harm. Topics will include: understanding certain behavior and intervention methods, ways to plan and act, methods of communication, signals to understand, recognizing anxiety, managing verbal aggression and mistakes to avoid when being confronted.

"As a woman, it's just plain smart to be proactive about your personal safety. Whether you've ever felt discomfort in someone's presence or uncomfortable about walking to your car alone, this session is for you. This personal safety session will give you the skills to feel confident should you ever need to manage and diffuse aggressive behavior."

--Stella Mars, On Air Personality, Magic 106.7 and WROR 105.7

Bonnie S. Michelman is our private instructor for the evening. She has over twenty years of security management experience and is currently the Director of Police, Security and Outside Services at Massachusetts General Hospital. Bonnie is a former President of the American Society for Industrial Security International (ASIS), a 33,000-member professional security organization. Ms. Michelman is a Certified Protection Professional (CPP) and an Instructor at Northeastern University College of Criminal Justice. She holds an MBA from Bentley College, an MS in Criminal Justice from Northeastern University and a BA in Government and Sociology from Clark University.

The session will take place at Massachusetts General Hospital, 55 Fruit Street Boston, MA 02114. Check-in begins at 5:30pm and light refreshments will be served. For

more information on the training check out www.MOABTraining.com Session tuition: AWR T members \$35, non-members \$45, Students with ID \$25. Reservations are required as space is limited.

For reservations or more information on this event please contact Stella Mars at 617-822-6536 or smars@magic1067.com. Checks should be made payable to American Women in Radio & Television and sent c/o Melissa Gaudette, Greater Media 55 Morrissey Blvd. Boston Ma 02125

For more information on **AWRT/New England** chapter, including its members and events log on to <http://www.awrtboston.org>. For information on joining AWR T/New England and the benefits of membership contact Candy O'Terry at coterry@magic1067.com

About AWR T: The year 2007 marks the 56th Anniversary of American Women in Radio and Television (AWRT), the longest established professional association dedicated to advancing women in media and entertainment. AWR T carries forth its mission by educating, advocating and acting as a resource to its members and the industry at large. Founded in 1951, AWR T works to improve the quality of electronic media; promote the entry, development and advancement of women in the field; foster communication and idea exchange; and give back to the community we serve.

About The Foundation of AWR T: The Foundation of AWR T is the philanthropic arm of American Women In Radio and Television, supporting educational programs, charitable activities, public service campaigns and scholarships to benefit the public, the electronic media and allied fields. The Foundation of AWR T has created partnerships and joint-initiatives with the National Middle School Association, the Emma Bowen Foundation, the American Red Cross and other organizations that are philosophically aligned with the mission of the Foundation of AWR T.

The Foundation supports several public service campaigns including most recently *AWRT Empowering America*, which pays tribute to many of America's most pioneering and inspiring women. Through this initiative, the Foundation of AWR T has adopted needy urban middle schools around the country and provided educational donations derived from collateral based on the *Empowering America* program. The Foundation also produces nationally acclaimed recognition programs including the Gracie Allen Awards, a live, New York based gala that awards exemplary programming created for, by, and about women.